

# PODIATRIC ACUPUNCTURE

Acupuncture is an ancient medical procedure dating back 4000 years involving insertion and manipulation of needles at points in the human body.

It is a method of treating certain disorders, working when there is no effective alternative treatment and it is relatively safe.

Recently a number of western Health professionals, have incorporated it into their practice. Many of whom have re interpreted it in terms of modern anatomy, physiology and pathology. Today, therefore, there exists 2 main schools of acupuncture, traditional and modern.

Conditions treated by podiatrists using modern acupuncture.

Knee Pain

Iliotibial band syndrome

Phantom limb pain

Restless legs

Plantar fasciitis

Achilles tendonitis

Ankle pain

Forefoot pain.

Certain traditional acupuncture sites in the foot and leg can also be used to give a generalized stimulation and can help in the following conditions.

Headache & Migraine

Solar dermatitis

Chronic urticaria

Menopausal hot flushes

Generally when indicated acupuncture can be used at the same time as general chiropody treatment and will incur a charge £10.00.

If needing follow on treatments without chiropody treatment the fee is £15.00

## Acupuncture

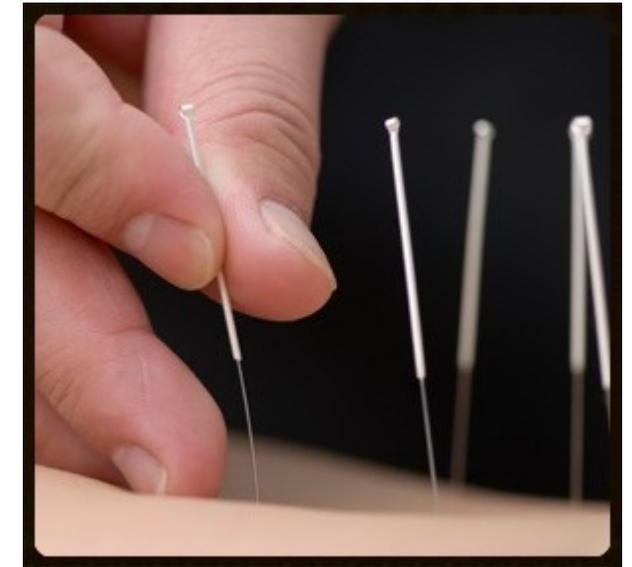
In recent research into the mechanism of action of acupuncture the limbic system in the brain was stimulated. This can sometimes be responsible for extremes of emotional response during treatment.



[www.hcpc-uk.org](http://www.hcpc-uk.org)



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## Disclaimer.

The information in this leaflet has been summarised and provides a broad consumer understanding and knowledge of foot health topics. The information should not be considered complete and should not be used in place of a visit, call, consultation or advice of your HPC Registered Chiropodist, Podiatrist, or GP. The information does not recommend the self management of foot health problems. Information obtained by reading this leaflet is not exhaustive and does not cover all Diseases, Ailments, Physical conditions of their treatment.

Should you have any foot health care related questions please call or see your HPC Registered Chiropodist / Podiatrist or GP or other health care provider promptly. You should never disregard medical advice or delay seeking it because of something you have read.

## Podiatry Opening Hours

Monday 9.00am-7.00pm  
Tuesday 9.00am-5:00pm  
Wednesday CLOSED  
Thursday 9.30am-7:00pm  
Friday 9.00am-5.00pm  
( Botanic Rd)

Wednesday 9.30am-5.00pm  
( Hesketh Bank )

# AT

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